

# ELSTUDIO

DENMARK **CAMP**

**28 JULY-  
3 AUGUST**  
**IDRÆTSHØJSKOLEN  
BOSEI, PRÆSTØ**

**Time/Day** **Monday** **Tuesday** **Wednesday** **Thursday** **Friday**

**09:45 -10:15**

**Yoga  
(Daniela)**

**Yoga  
(Tayhana)**

**Yoga  
(Tayhana)**

**Yoga  
(Anna)**

**Yoga  
(Daniela)**

**Morning Meeting in the big gym, Monday to friday from 10.15-10.30**

**10:35 -11:35**

**Dancehall  
(Daniela, 2)**  
**Floorwork  
(Nancy, Open)**  
**Reggaeton  
(Jetson, 1)**  
**Salsa  
(Seo & Eneris)**

**Brazilian Funk  
(Camila, Open)**  
**Commercial  
(Carina, 2)**  
**Dance Technique  
(Tayhana, Open)**  
**Salsa  
(Seo & Eneris)**

**Afrobeat  
(Anna F, 1)**  
**Heels  
(Tayhana, Open)**  
**Reggaeton  
(Jetson, 2)**  
**Salsa  
(Seo & Eneris)**

**Burlesque  
(Jetson, Open)**  
**Dance Mix  
(Tahida, Open)**  
**Commercial  
(Patricia, 2)**  
**Salsa  
(Seo & Eneris)**

**Modern Dance  
(Daniela, Open)**  
**Heels  
(Nancy, 2)**  
**Dancehall  
(Anna M, Open)**  
**Salsa  
(Seo & Eneris)**

**11:45 - 12:45**

**Commercial  
(Nancy, 2)**  
**Jazz & modern  
(Daniela, Open)**  
**Twerk  
(Anna M, 1)**  
**Salsaton  
(Seo & Eneris)**

**Dance Mix  
(Jetson, 1)**  
**Brazilian Funk  
(Camila, 2)**  
**Girly Hip Hop  
(Tayhana, Open)**  
**Bachata  
(Seo & Eneris)**

**Twerk  
(Karolina, Open)**  
**Contemporary  
(Tayhana, Open)**  
**Afrobeat  
(Anna F, 2)**  
**Bachata  
(Seo & Eneris)**

**Reggaeton  
(Karolina, Open)**  
**K-POP  
(Patricia, Open)**  
**Afrobeat  
(Tahida, 2)**  
**Bachata  
(Seo & Eneris)**

**Reggaeton in heels  
(Daniela, Open)**  
**Show Class  
(Jetson, Open)**  
**Girly Hip Hop  
(Nancy, 2)**  
**Bachata  
(Seo & Eneris)**

**Friday from 15:00 - 16:30: Workshop and show case with Seo, Eneris and all the teaches from ElStudio. We will film a concept video! and you can be in it if you feel like it.**

**16:00-17:00**

**Hip Hop  
(Anna M, 1)**  
**Reggaeton  
(Daniela, 2)**  
**Chair Dance  
(Jetson, Open)**  
**Salsa & Funk  
(Seo, Open)**

**Burlesque  
(Tayhana, Open)**  
**Latin Vibe  
(Jetson, Open)**  
**Hip Hop  
(Carina, 2)**  
**Female Dancehall  
(Anna M, Open)**

**Choreography  
(Jetson, Open)**  
**Afrobeat in Heels  
(Karolina + Anna F, Open)**  
**Dancehall Queen Style  
(Anna M, 2)**  
**Commercial  
(Tayhana, 1)**

**Waacking  
(Anna M, Open)**  
**Choreography  
(Jetson, 2)**  
**Girly Hip Hop  
(Mie, 1)**  
**Reggaeton  
(Open, Eneris)**

**16:30 - 17:00  
Feedback and Evaluation**

**17:10-18:10**

**Bellydance  
(Daniela, Open)**  
**Dance Mix  
(Jetson, 2)**  
**Dancehall  
(Anna M, 1)**  
**Salsa Lady Style  
(Eneris, Open)**

**Soca  
(Anna M, Open)**  
**Choreography  
(Jetson, 1)**  
**Modern Dance  
(Tayhana, Open)**  
**Bachata Lady Styling  
(Eneris, Open)**

**Dance Mix  
(Karolina, 1)**  
**Chair Dance  
(Tayhana, Open)**  
**Hip Hop  
(Anna M, 2)**  
**Reggaeton  
(Seo & Eneris)  
(Open)**

**Hip Hop  
(Anna M, Open)**  
**Dance Mix  
(Mie, 1)**  
**Reggaeton  
(Seo, 2)**  
**Burlesque  
(Nancy, 2)**

**Levels in the program:  
(open) all  
(1) beg./imp.  
(2) imp./int.**

**Talk with Jetson &  
Tayhana  
“The Dancer Life”**  
**Cosy night**

**Talk with Anna  
“Dance as a Practice  
of mind, body  
and soul”**  
**Cosy night**

**Talk with Anna F &  
Karolina  
“Beyond the Beat”**  
**Cosy night**

**Talk with Chloe  
“Your body and health”**  
**Cosy night**

**Big Party**